

BMI

BRIEF MOTIVATIONAL INTERVIEWING



Nebraska Collegiate
Prevention Alliance

TRAINING

HELPING TURN "I CAN'T" INTO "I CAN"

WHO IT'S FOR

- HEALTHCARE PROFESSIONALS
- STAFF
- FACULTY
- STUDENT LEADERS
- ATHLETIC COACHES & PERSONNEL
- COUNSELORS
- BASICS PRACTITIONERS
- EVERYONE!

WHAT YOU'LL LEARN

- HISTORY & COMMON USES OF MOTIVATIONAL INTERVIEWING
- UNDERSTANDING THE STAGES OF CHANGE
- REDUCING DEFENSIVENESS
- CONVERSATION TECHNIQUES
- PRACTICE!

TRAINER



Nate Bock
MS, LIMHB, LADC
Associate Director
UNO Counseling and Psychological Services

FREE

VIRTUAL TRAINING OPTIONS AVAILABLE!

CONTACT

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TO SCHEDULE YOUR TRAINING TODAY!